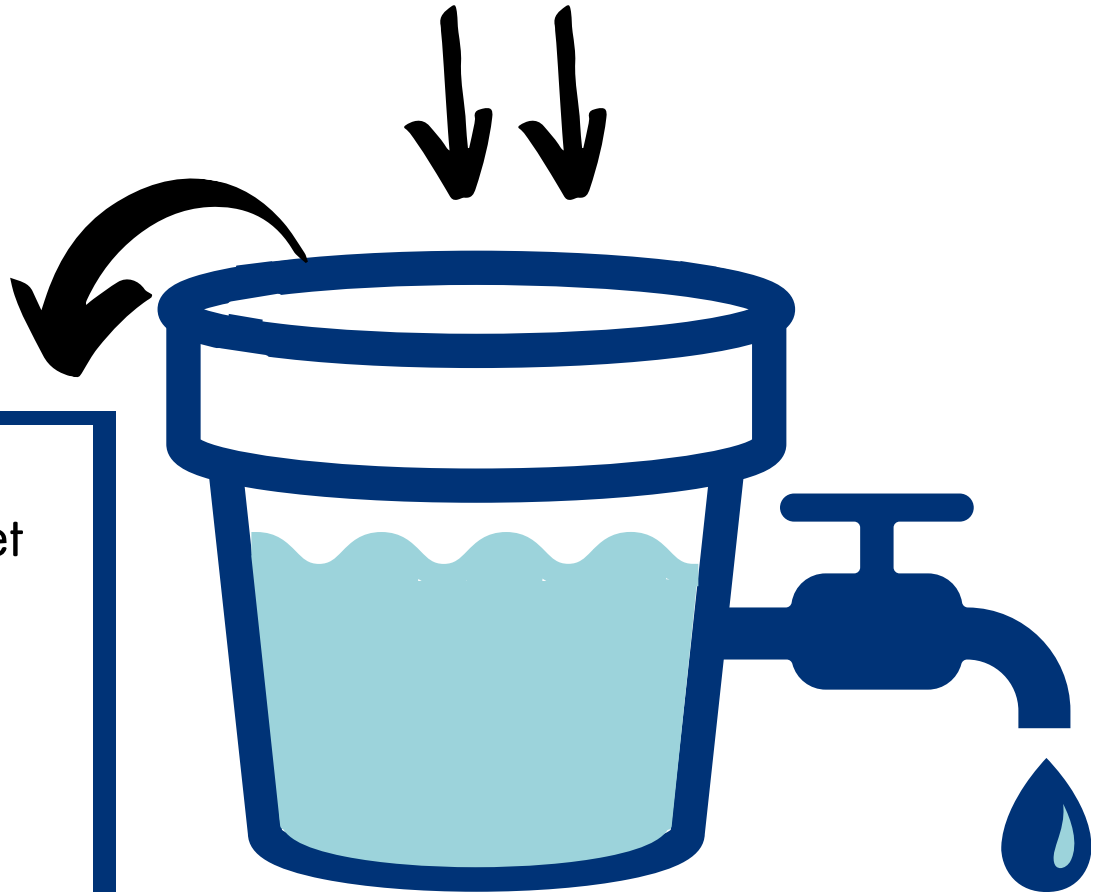


# Your stress bucket

Describe 3 things that regularly cause you stress:

- 1.
- 2.
- 3.



What happens when the bucket overflows?

- 1.
- 2.
- 3.

How do I/can I empty my stress bucket?

- 1.
- 2.
- 3.